## **Build**

## Reading

Where do you belong below?

```
he's a giant (of a man)
                          she's an Amazon
                          extremely tall
                          tallish
                          above average height
                          medium build
                          he's / she's got a good figure
                          he's / she's well-built
                stocky
                                         petite
            plump
                                              thin
        corpulent
                                                  skinny*
   built like a barrel*
                                                       like a pipe cleaner*
he's as square / big round as he's tall
                                                           there's nothing of her
   obese*
                                                        like a lamp-post*
        overweight
                                                  puny-looking*
            squat
                                              slight and slender
                 muscular
                                         slim
                          below average height
                          on the short side
                          short
                          tiny
                          a midget
                          knee-high to a grasshopper / an ant
```

## **Practice**

Discuss or write the answers to these questions.

- 1 Which of the above adjectives and phrases would suit a student in your class or a member of your family?
- 2 Do you think your build sometimes determines your character? If so, how?
- 3 What sort of build should gymnasts, footballers and weight-lifters have?
- 4 Which word in each pair of words would you prefer people to use about you? Why?
  - 1 skinny/slim
    2 well-built/corpulent
    3 overweight/obese
    4 all skin and bones / there's more fat on a chip
    5 plump/stocky
    6 short/below average height
    7 a midget/knee-high to an ant
- Add any other expressions about your or other people's build as you meet them.