

# **RELATIONSHIP OF THE SECONDARY SCHOOL PUPILS IN MARTIN TO WINTER SPORTS (názov článku v AJ)**

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## **SUMMARY**

Author of this submission presents the relationship of secondary grammar school students in Martin to winter sports and their implementation ...

**KEY WORDS:** spare time, winter sports ...

## **INTRODUCTION**

Based on the evaluation in terms of aspects of health, educational and motor sports including skiing, snowboarding along with swimming and tourism belong into the sports groups which correspond physiological factors recommended physical activity and effective impact on the health and fitness of young people ...

## **PROBLEM (nie je povinné)**

Nowadays we can write in the throwing disciplines some kind of stabilization, let us say slowing down of the athletic performance trend ...

## **AIM or (AIM AND HYPOTHESIS)**

The aim of this submission is to present the relationship of secondary grammar school students in Martin in winter sports and their implementation ...

## **METHODOLOGY**

As the main method of our research, we used the questionnaire method, since the advantage of the questionnaire is that it can reach a large number of respondents and we can get a large amount of information required ...

## **RESULTS or (RESULTS AND DISCUSSION)**

In the research we wanted to find out how is the relationship of the secondary grammar school students in winter sports. Very positive attitude expressed by 30,27% boys and 27,74% girls, rather positive than negative 31,03% boys and 23,36% girls ...

## **CONCLUSION**

The resort of Turčianska kotlina provides for enthusiasts of winter sports many opportunities for sports and recreation in the winter ...

## **LITERATURE (zoradiť abecedne)**

- ❖ ADAMČÁK, Š. – NEMEC, M. 2010. *Pohybové hry a školská telesná a športová výchova*. Banská Bystrica : FHV UMB, 2010. 209 s. ISBN 978-80-557-0099-1.

**(!!! vzor ako uviesť knihu, monografiu !!!)**

- ❖ BEŤÁK, B. 2012. The attitude of students at secondary schools towards snowboarding and the way of teaching it. In *Acta Universitatis Matthiae Belii = physical education and sport*. ISSN 1338-0974, 2012, roč. 4, č. 2, s. 16-26.

**(!!! vzor ako uviesť článok z časopisu !!!)**

- ❖ MICHAL, J. 2010. Snowboarding ako súčasť telesnej výchovy. In *Telesná výchova - prostriedok vytvárania vzťahu mladej generácie k pohybu a športu : 1. ročník vedeckej konferencie*. Zvolen : Technická univerzita, 2010. ISBN 978-80-228-2104-9, s. 89-103.

**(!!! vzor ako uviesť článok zo zborníka, monografie !!!)**

## **VZŤAH ŽIAKOV STREDNÝCH ŠKÔL V MARTINE K ZIMNÝM ŠPORTOM (názov článku v SJ)**

### **SÚHRN (to isté ako SUMMARY len v SJ)**

Autor v príspevku prezentuje vzťah žiakov stredných škôl v Martine k zimným športom a ich vykonávaniu. Použitou výskumnou metódou bol dotazník, ktorý pozostával z 20-tich otázok...

**KLÚČOVÉ SLOVÁ:** voľný čas, zimné športy...