

# WRITING THE ESSAY

## What Is an Essay?

### DIFFERENCES BETWEEN AN ESSAY AND A PARAGRAPH

An essay is simply a paper of several paragraphs, rather than one paragraph, that supports a single point. In an essay, subjects can and should be treated more fully than they would be in a single-paragraph paper.

The main idea or point developed in an essay is called the *thesis statement* (rather than, as in a paragraph, the *topic sentence*). The thesis statement appears in the introductory paragraph, and it is then developed in the supporting paragraphs that follow. A short concluding paragraph closes the essay.

### THE FORM OF AN ESSAY

The diagram on the next page shows the form of an essay.

### Introductory Paragraph

Introduction  
Thesis sentence  
Plan of development:  
Points 1, 2, 3

The *introduction* attracts the reader's interest.

The *thesis sentence* states the main idea advanced in the paper.

The *plan of development* is a list of the points that support the thesis. The points are presented in the order in which they will be developed in the paper.

### First Supporting Paragraph

Topic sentence (point 1)  
Specific evidence

The *topic sentence* advances the first supporting point for the thesis, and the *specific evidence* in the rest of the paragraph develops that first point.

### Second Supporting Paragraph

Topic sentence (point 2)  
Specific evidence

The *topic sentence* advances the second supporting point for the thesis, and the *specific evidence* in the rest of the paragraph develops that second point.

### Third Supporting Paragraph

Topic sentence (point 3)  
Specific evidence

The *topic sentence* advances the third supporting point for the thesis, and the *specific evidence* in the rest of the paragraph develops that third point.

### Concluding Paragraph

Summary, conclusion,  
or both

A *summary* is a brief restatement of the thesis and its main points. A *conclusion* is a final thought or two stemming from the subject of the paper.



## A MODEL ESSAY

Gene, the writer of the paragraph on working in an apple plant (page 44), later decided to develop his subject more fully. Here is the essay that resulted.

### My Job in an Apple Plant

*Introductory  
paragraph*

<sup>1</sup>In the course of working my way through school, I have taken many jobs I would rather forget. <sup>2</sup>I have spent nine hours a day lifting heavy automobile and truck batteries off the end of an assembly belt. <sup>3</sup>I have risked the loss of eyes and fingers working a punch press in a textile factory. <sup>4</sup>I have served as a ward aide in a mental hospital, helping care for brain-damaged men who would break into violent fits at unexpected moments. <sup>5</sup>But none of these jobs was as dreadful as my job in an apple plant. <sup>6</sup>The work was physically hard; the pay was poor; and, most of all, the working conditions were dismal.

*First  
supporting  
paragraph*

<sup>7</sup>First of all, the job made enormous demands on my strength and energy. <sup>8</sup>For ten hours a night, I took cartons that rolled down a metal track and stacked them onto wooden skids in a tractor trailer. <sup>9</sup>Each carton contained twelve heavy cans or bottles of apple juice. <sup>10</sup>A carton shot down the track about every fifteen seconds. <sup>11</sup>I once figured out that I was lifting an average of twelve tons of apple juice every night. <sup>12</sup>When a truck was almost filled, I or my partner had to drag fourteen bulky wooden skids into the empty trailer nearby and then set up added sections of the heavy metal track so that we could start routing cartons to the back of the empty van. <sup>13</sup>While one of us did that, the other performed the stacking work of two men.

*Second  
supporting  
paragraph*

<sup>14</sup>I would not have minded the difficulty of the work so much if the pay had not been so poor. <sup>15</sup>I was paid the minimum wage of that time, \$2.65 an hour, plus a quarter extra for working the night shift. <sup>16</sup>Because of the low salary, I felt compelled to get as much overtime pay as possible. <sup>17</sup>Everything over eight hours a night was time-and-a-half, so I typically worked twelve hours a night. <sup>18</sup>On Friday I would sometimes work straight through until Saturday at noon--eighteen hours. <sup>19</sup>I averaged over sixty hours a week but did not take home much more than \$150.

*Third  
supporting  
paragraph*

<sup>20</sup>But even more than the low pay, what upset me about my apple plant job was the working conditions. <sup>21</sup>Our humorless supervisor cared only about his production record for each night and tried to keep the assembly line moving at a breakneck pace. <sup>22</sup>During work I was limited to two ten-minute breaks and an unpaid half hour for lunch. <sup>23</sup>Most of my time was spent outside on the truck loading dock in near-zero-degree temperatures. <sup>24</sup>The steel floors of the trucks were like ice; the quickly penetrating cold made my feet feel like stone. <sup>25</sup>I had no shared interests with the man I loaded cartons with, and so I had to work without companionship on the job. <sup>26</sup>And after the production line shut down and most people left, I had to spend two hours alone scrubbing clean the apple vats, which were coated with a sticky residue.

*Concluding  
paragraph*

<sup>27</sup>I stayed on the job for five months, all the while hating the difficulty of the work, the poor money, and the conditions under which I worked. <sup>28</sup>By the time I quit, I was determined never to do such degrading work again.

# Important Points about the Essay

## INTRODUCTORY PARAGRAPH

An introductory paragraph has certain purposes or functions and can be constructed using various methods.

### Purposes of the Introduction

An introductory paragraph should do three things:

1. Attract the reader's *interest*. Using one of the suggested methods of introduction described below can help draw the reader into your paper.
2. Present a *thesis sentence* — a clear, direct statement of the central idea that you will develop in your paper. The thesis statement, like a topic sentence, should have a key word or words reflecting your attitude about the subject. For example, in the essay on the apple plant job, the key word is *dreadful*.
3. Indicate a *plan of development*—a preview of the major points that will support your thesis statement, listed in the order in which they will be presented. In some cases, the thesis statement and plan of development may appear in the same sentence. In some cases, also, the plan of development may be omitted.

### Activity

1. In "My Job in an Apple Plant," which sentences are used to attract the reader's interest?  
\_\_\_\_\_ sentences 1 to 3      \_\_\_\_\_ 1 to 4      \_\_\_\_\_ 1 to 5
2. The thesis in "My Job in an Apple Plant" is presented in  
\_\_\_\_\_ sentence 4      \_\_\_\_\_ sentence 5      \_\_\_\_\_ sentence 6
3. The thesis is followed by a plan of development.  
\_\_\_\_\_ Yes      \_\_\_\_\_ No
4. Which words in the plan of development announce the three major supporting points in the essay? Write them below.
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_



## Common Methods of Introduction

Here are some common methods of introduction. Use any one method, or a combination of methods, to introduce your subject in an interesting way.

- 1 **Broad statement.** Begin with a broad, general statement of your topic and narrow it down to your thesis statement. Broad, general statements ease the reader into your thesis statement by providing a background for it. In “My Job in an Apple Plant,” Gene writes generally on the topic of his worst jobs and then narrows down to a specific worst job. ✓
- 2 **Contrast.** Start with an idea or situation that is the opposite of the one you will develop. This approach works because your readers will be surprised, and then intrigued, by the contrast between the opening idea and the thesis that follows it. Here is an example of a “contrast” introduction:

When I was a girl, I never argued with my parents about differences between their attitudes and mine. My father would deliver his judgment on an issue, and that was usually the end of the matter. Discussion seldom changed his mind, and disagreement was not tolerated. But the situation is different with today's parents and children. My husband and I have to contend with radical differences between what our children think about a given situation and what we think about it. We have had disagreements with all three of our daughters, Stephanie, Diana, and Gisela.

- 3 **“Relevance.”** Explain the importance of your topic. If you can convince your readers that the subject applies to them in some way, or is something they should know more about, they will want to continue reading. The introductory paragraph of “Sports-Crazy America” (page 243) provides an example of a “relevance” introduction.
- 4 **Anecdote.** Use an incident or brief story. Stories are naturally interesting. They appeal to a reader's curiosity. In your introduction, an anecdote will grab the reader's attention right away. The story should be brief and should be related to your central idea. The incident in the story can be something that happened to you, something that you have heard about, or something that you have read about in a newspaper or magazine. Here is an example of a paragraph that begins with a story:

The husky man pushes open the door of the bedroom and grins as he pulls out a .38 revolver. An elderly man wearing thin pajamas looks at him and whimpers. In a feeble effort at escape, the old man slides out of his bed and moves to the door of the room. The husky man, still grinning, blocks his way. With the face of a small, frightened animal, the old man looks up and whispers, “Oh God, please don't hurt me.” The grinning man then fires four times. The television movie cuts now to a soap commercial, but the little boy



who has been watching the set has begun to cry. Such scenes of direct violence on television must surely be harmful to children for a number of psychological reasons.

- 5 **Questions.** Ask your readers one or more questions. These questions catch the readers' interest and make them want to read on. Here is an example of a paragraph that begins with questions:

What would happen if we were totally honest with ourselves? Would we be able to stand the pain of giving up self-deception? Would the complete truth be too much for us to bear? Such questions will probably never be answered, for in everyday life we protect ourselves from the onslaught of too much reality. All of us cultivate defense mechanisms that prevent us from seeing, hearing, or feeling too much. Included among such defense mechanisms are rationalization, reaction formation, and substitution.

Note, however, that the thesis itself must not be a question.

- 6 **Quotation.** A quotation can be something you have read in a book or an article. It can also be something that you have heard: a popular saying or proverb ("Never give advice to a friend"); a current or recent advertising slogan ("Reach out and touch someone"); a favorite expression used by your friends or family ("My father always says . . ."). Using a quotation in your introductory paragraph lets you add someone else's voice to your own. Here is an example of a paragraph that begins with a quotation:

"Evil," wrote Martin Buber, "is lack of direction." In my school days as a fatherless boy, with a mother too confused by her own life to really care for me, I strayed down a number of dangerous paths. Before my eighteenth birthday, I had been a car thief, a burglar, and a drug seller.

## SUPPORTING PARAGRAPHS

Most essays have three supporting points, developed in three separate paragraphs. (Some essays will have two supporting points; others, four or more.) Each of the supporting paragraphs should begin with a topic sentence that states the point to be detailed in that paragraph. Just as the thesis provides a focus for the entire essay, the topic sentence provides a focus for each supporting paragraph.

### Activity

1. What is the topic sentence for the first supporting paragraph of "My Job in an Apple Plant"? (*Write the sentence number here.*) \_\_\_\_\_
2. What is the topic sentence for the second supporting paragraph? \_\_\_\_\_
3. What is the topic sentence for the third supporting paragraph? \_\_\_\_\_

## TRANSITIONAL SENTENCES

In paragraphs, transitions and other connective devices (pages 90–96) are used to help link sentences. Similarly, in an essay *transitional sentences* are used to help tie the supporting paragraphs together. Such transitional sentences usually occur near the end of one paragraph or the beginning of the next.

In “My Job in an Apple Plant,” the first transitional sentence is:

I would not have minded the difficulty of the work so much if the pay had not been so poor.

In this sentence, the key word *difficulty* reminds us of the point of the first supporting paragraph, while *pay* tells us the point to be developed in the second supporting paragraph.

### Activity

Here is the other transitional sentence in “My Job in an Apple Plant”:

But even more than the low pay, what upset me about my apple plant job were the working conditions.

*Complete the following statement:* In the sentence above, the key words \_\_\_\_\_ echo the point of the second supporting paragraph, and the key words \_\_\_\_\_ announce the topic of the third supporting paragraph.

## CONCLUDING PARAGRAPH

The concluding paragraph often summarizes the essay by briefly restating the thesis and, at times, the main supporting points of the essay. Also, the conclusion brings the paper to a natural and graceful end, sometimes leaving the reader with a final thought on the subject.

### Activity

1. Which sentence in the concluding paragraph of “My Job in an Apple Plant” restates the thesis and supporting points of the essay? \_\_\_\_\_
2. Which sentence contains the concluding thought of the essay? \_\_\_\_\_